

Mexican Prawn Soup

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-prawn-recipe>

Ingredients:

- 1 tablespoon vegetable oil
- 1 carrot finely chopped
- 1 stick celery finely chopped
- 1 green chilli finely chopped
- 1 red onion finely chopped
- 3 garlic cloves crushed
- 1 teaspoon smoked paprika
- 1 teaspoon ground cumin
- 1 teaspoon dried oregano
- 1 tablespoon tomato purée
- 1 sweet potato peeled and cut into 2cm cubes
- 2 11/16 cups chopped tomatoes
- 6 1/3 ounces king prawns
- 1 avocado chopped
- 1/2 coriander a small bunch, leaves torn
- 1 lime wedged

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 50 milligrams
4. Fat: 12 grams
5. Fiber: 8 grams
6. Protein: 11 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 85 milligrams
9. Sugar: 8 grams

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