

Pork Tinga Quesadillas

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pork-tinga-recipe>

Ingredients:

- 1 tortilla 10 inch
- 1/4 cup cheddar cheese shredded
- 1/2 cup Monterey Jack cheese shredded
- 1/4 cup pork tinga, warm
- 1 teaspoon cilantro chopped
- 2 tablespoons avocado mashed
- 1 tablespoon salsa verde
- 1 tablespoon onion diced
- 1 tablespoon cotija or feta, crumbled
- 1 teaspoon cilantro chopped

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 55 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 18 grams
7. SaturatedFat: 10 grams
8. Sodium: 580 milligrams
9. Sugar: 2 grams

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