

# Butternut Squash Enchiladas

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pork-and-butternut-squash-recipe>

## Ingredients:

- 4 cups butternut squash cubed, 1/2-inch, uncooked
- 1/2 sweet onion finely diced
- 2 garlic cloves minced
- 3 tablespoons sage freshly chopped, + more for topping
- 2 tablespoons olive oil
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1/2 teaspoon nutmeg
- 1 cup beans chickpeas, cannellinis, black, etc
- 1 tablespoon brown butter
- 2 1/2 cups fontina cheese freshly grated
- 1 tablespoon unsalted butter
- 1 tablespoon flour
- 1 1/2 cups low sodium vegetable stock
- 1 cup milk I actually use vanilla almond milk - perfect!
- 8 whole wheat tortillas

## Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 110 milligrams
4. Fat: 41 grams
5. Fiber: 7 grams
6. Protein: 31 grams
7. SaturatedFat: 20 grams
8. Sodium: 1320 milligrams
9. Sugar: 12 grams

Thank you for visiting our website. Hope you enjoy Butternut Squash Enchiladas above. You can see more 15 mexican pork and butternut squash recipe Get ready to indulge! to get more great cooking ideas.