

# Mexican Chicken Adobo

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-adobo-pork>

## Ingredients:

- 1 pound boneless skinless chicken breast
- 2 tablespoons adobo Mexican-Style
- 1 teaspoon salt
- 3 guajillo chiles
- 1 pasilla de Oaxaca, or a fourth Guajillo
- 2 tablespoons tomato paste
- 3 garlic cloves
- 1/4 cup apple cider vinegar
- 1 cup chicken stock
- 1 tablespoon olive oil

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 75 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 2 grams
8. Sodium: 2420 milligrams
9. Sugar: 2 grams

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