

Paletas de Fresas (Mexican Strawberry Popsicles)

Yield: 9 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-popsicles>

Ingredients:

- 8 ounces strawberry fresh, rinsed and hulled
- 1 1/2 cups whole milk
- 1/2 cup sugar
- 1/2 cup heavy cream

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 25 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 25 milligrams
9. Sugar: 14 grams

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