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Copycat TacoBell Mexican Pizza

Yield: 8 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-pizza-shell-recipe

Ingredients:

- 1/2 pound ground beef browned, drained, seasoned with taco seasoning
- 4 shells taco bowl, see above for where to find
- 1 can refried beans
- 4 tablespoons taco sauce
- colby cheese Shredded
- tomatoes
- sour cream
- scallions

Nutrition:

Calories: 140 calories
Carbohydrate: 14 grams
Cholesterol: 20 milligrams

4. Fat: 6 grams5. Fiber: 3 grams6. Protein: 9 grams

7. SaturatedFat: 2 grams8. Sodium: 340 milligrams

9. Sugar: 1 grams

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