

# Mexican Impossible Pie

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-impossible-pie-by-noshing-nolands>

## Ingredients:

- 1 pound ground beef lean or extra lean
- 1 cup onions diced
- 1 envelope taco seasoning I use Epicure as it is low sodium
- 4 1/2 ounces diced green chilies
- 1 cup cheddar cheese
- 1 1/4 cups milk
- 3/4 cup bisquick gluten free if needed
- 3 eggs
- 1/2 teaspoon hot sauce or to taste
- salt
- pepper

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 135 milligrams
4. Fat: 18 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 8 grams
8. Sodium: 500 milligrams
9. Sugar: 5 grams
10. TransFat: 0.5 grams

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