

Crescent Mexican Pizza

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-pizza-made-with-crescent-rolls>

Ingredients:

- 2 rolls crescent rolls 8 oz Pillsbury, or crescent creations dough
- 2 packages reduced fat cream cheese 8 oz of, softened
- 1 package taco seasoning
- 1 can black beans 15 oz of, rinsed and drained
- 1/3 cup frozen corn thawed, canned corn also works fine
- 1/4 cup sliced black olives
- 2 Roma tomatoes diced
- 1 avocado diced
- 2 cups shredded cheese I used a Mexican blend
- 2 tablespoons chopped fresh cilantro

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 60 milligrams
4. Fat: 27 grams
5. Fiber: 13 grams
6. Protein: 22 grams
7. SaturatedFat: 13 grams
8. Sodium: 1400 milligrams
9. Sugar: 4 grams

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