

Mexican Pinwheel

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-mexican-pinwheel-recipe>

Ingredients:

- 1 green onion organic
- 1/2 red pepper
- 1/2 orange pepper
- 1/2 cup black beans organic
- 1/2 teaspoon chili powder
- 1/2 teaspoon cumin
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon kosher salt
- 2/3 cup hummus Simply Nature Organic Classic
- 1/2 cup baby spinach organic
- 1/4 cup shredded cheese optional
- fresh spinach 2 large L'oven, Wraps, or gluten-free wrap of your choosing
- 1/2 cup salsa Simply Nature Organic, for serving, optional

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 15 milligrams
4. Fat: 13 grams
5. Fiber: 12 grams
6. Protein: 17 grams
7. SaturatedFat: 4 grams
8. Sodium: 1310 milligrams
9. Sugar: 5 grams

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