

Mexican Pintos with Cactus

Yield: 10 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pintos-recipe>

Ingredients:

- 2 cups pinto beans rinsed
- 3 tablespoons salt divided
- 3 slices bacon chopped
- 2 cactus leaves large flat, nopales
- 1 jalapeno pepper seeded and chopped
- 2 slices onion

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 5 milligrams
4. Fat: 4 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 2220 milligrams
8. Sugar: 1 grams

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