

Mexican Pinto Beans

Yield: 4 min

Total Time: 125 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-mexican-wedding-cake-recipe>

Ingredients:

- 1 pound pinto beans
- 8 cups water
- 1/2 teaspoon cumin
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/4 teaspoon cayenne pepper
- salt to taste
- cilantro for topping, optional

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 6 grams
3. Protein: 3 grams
4. Sodium: 280 milligrams

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