

# Tex-Mex Frito Salad

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pinto-bean-salad-recipe>

## Ingredients:

- 14 1/2 ounces red kidney beans, rinsed and drained I prefer Bush's
- 14 1/2 ounces pinto beans rinsed and drained, I prefer Bush's
- 10 1/2 ounces grape tomatoes 1 dry pint container, halved or quartered depending on their size
- 2 1/8 ounces olives chopped
- 1 yellow pepper diced
- 4 green onions diced
- 1 cup celery chopped
- 16 ounces catalina dressing
- 2 1/2 mexican blend cheese finely shredded
- 10 1/2 ounces fritos Chili Cheese

## Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 87 grams
3. Fat: 47 grams
4. Fiber: 3 grams
5. Protein: 4 grams
6. SaturatedFat: 8 grams
7. Sodium: 3390 milligrams
8. Sugar: 71 grams

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