

# Best Mexican Picadillo

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-piccadilly-appetizers-recipe>

## Ingredients:

- 1 1/2 pounds ground beef grass-fed
- 4 tomatoes
- 1 potato diced
- 1 carrot diced
- 1 onion small or medium, finely chopped
- 1 garlic clove
- 1 serrano pepper small, end removed
- 2 bay leaves
- 1/2 teaspoon chipotle powder
- 1/2 teaspoon cumin
- 1/2 teaspoon oregano
- 2 bay leaves dried
- 1/2 tablespoon sea salt

## Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 115 milligrams
4. Fat: 26 grams
5. Fiber: 4 grams
6. Protein: 35 grams
7. SaturatedFat: 10 grams
8. Sodium: 1020 milligrams
9. Sugar: 6 grams
10. TransFat: 1.5 grams

---

Thank you for visiting our website. Hope you enjoy Best Mexican Picadillo above. You can see more 19 mexican piccadilly appetizers recipe Unleash your inner chef! to get more great cooking ideas.