

# Orejas(Mexican Pastry)

Yield: 18 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pastry-recipe>

## Ingredients:

- 1 sheet puff pastry
- 1/2 cup granulated sugar
- 1 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg optional

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 12 grams
3. Fat: 5 grams
4. Protein: 1 grams
5. SaturatedFat: 1.5 grams
6. Sodium: 35 milligrams
7. Sugar: 6 grams

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