

Pastel De Elote - Sweet Mexican Corn Cake

Yield: 10 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pastel-de-queso-churro-recipe-ingredients>

Ingredients:

- 5 eggs
- 3 2/3 cups corn kernels fresh, between 5 - 8 medium cobs of corn
- 1 1/4 cups condensed milk
- 1 teaspoon vanilla extract or ground cinnamon, if preferred
- 1 cup plain flour
- 3 teaspoons baking powder
- 1 tablespoon butter for greasing

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 130 milligrams
4. Fat: 8 grams
5. Protein: 19 grams
6. SaturatedFat: 4 grams
7. Sodium: 900 milligrams
8. Sugar: 25 grams

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