

Mexican Paste Turkey Burger

Yield: 5 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-paste-recipe-uk>

Ingredients:

- 2 pounds ground turkey
- 2 garlic cloves
- 1/8 red onion
- 2 teaspoons smoked paprika
- 2 teaspoons chili powder New Mexico
- 1 bunch cilantro
- 2 teaspoons black pepper
- 2 teaspoons sea salt
- 2 tablespoons tomato paste
- 3 tablespoons canola oil divided
- 5 slices pepperjack cheese

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 170 milligrams
4. Fat: 31 grams
5. Fiber: 1 grams
6. Protein: 38 grams
7. SaturatedFat: 10 grams
8. Sodium: 1330 milligrams
9. Sugar: 1 grams

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