

Blueberry-Vanilla Panna Cotta

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-vanilla-panna-cotta-recipe>

Ingredients:

- 2 1/2 teaspoons unflavored gelatin
- 1/4 cup milk
- 2 cups heavy cream
- 1/4 cup sugar
- 1 vanilla bean
- 1 teaspoon vanilla extract
- 2 cups blueberries plus more for garnish

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 200 milligrams
4. Fat: 54 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 33 grams
8. Sodium: 70 milligrams
9. Sugar: 22 grams

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