

Huevos a La Mexicana (Mexican-Style Scrambled Eggs)

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-mexican-scrambled-eggs-recipe>

Ingredients:

- 1 1/2 tablespoons oil or butter
- 1/3 cup onion diced
- 1 serrano chile, minced, I left seeds in
- 2 Roma tomatoes diced
- salt
- pepper
- 4 large eggs
- 2 tablespoons cold milk or water
- 1/3 cup queso fresco crumbled
- cilantro chopped
- 2 green onions sliced thin
- 4 tostadas corn tortilla
- 1/2 cup salsa your favorite

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 440 milligrams
4. Fat: 35 grams
5. Fiber: 7 grams
6. Protein: 22 grams
7. SaturatedFat: 9 grams
8. Sodium: 1170 milligrams
9. Sugar: 8 grams

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