

Conchas / Pan Dulce / Pan de Huevo

Yield: 12 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-pan-de-huevo>

Ingredients:

- 1/4 ounce active dry yeast
- 1/2 warm water
- 1/2 cup evaporated milk warm
- 1/3 cup sugar
- 1/3 cup butter melted
- 1 egg
- 1 teaspoon salt
- 4 cups all purpose flour
- 1/2 teaspoon ground cinnamon
- 1/2 cup butter softened
- 2/3 cup sugar
- 1 cup all purpose flower
- 2 teaspoons ground cinnamon
- 1 teaspoon vanilla extract

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 55 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 9 grams
8. Sodium: 310 milligrams
9. Sugar: 17 grams

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