

Mexican Turkey Meatloaf

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-oatmeal-cookie-recipe>

Ingredients:

- 2 pounds ground turkey
- 4 ounces green chiles
- 15 1/2 ounces black beans drained
- 1 packet taco seasoning mix
- 1 cup salsa
- 1 egg
- 1/2 cup finely chopped onion
- 1 cup oatmeal
- 8 ounces enchilada sauce canned
- 1 cup cheddar cheese shredded
- chopped tomatoes optional
- cilantro optional
- jalapeños optional

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 260 milligrams
4. Fat: 30 grams
5. Fiber: 14 grams
6. Protein: 60 grams
7. SaturatedFat: 11 grams
8. Sodium: 1760 milligrams
9. Sugar: 10 grams

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