

# Lexi's Mexican Night

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-night-recipe>

## Ingredients:

- 1 pound grass fed beef organic, I use 90/10 or ground turkey meat
- 1 teaspoon paprika
- 1 teaspoon chili powder
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1/2 teaspoon cayenne powder
- 2 avocados ripe
- 1/8 teaspoon garlic ground
- 1 teaspoon lemon juice
- 1 pinch paprika
- sea salt
- freshly ground pepper
- 1 pinch cayenne pepper can omit or add more to taste
- 1 pinch red pepper flakes can omit or add more to taste
- 1/4 cup tomato finely chopped, optional
- 1/4 cup red onion minced, optional
- tortilla shells Organic corn, or tortillas of choice
- 5 cups romaine lettuce organic, chopped
- lettuce leaves Organic omaine
- 1 tomato organic vine ripe, chopped
- 1/2 red onion chopped
- 1/2 cup scallions chopped
- salsa Serve with, choice, homemade or store-bought
- 1 cup yellow onion optional
- 1 cup peppers optional
- shrimp Optional: Cajun

## Nutrition:

1. Calories: 360 calories

2. Carbohydrate: 49 grams
3. Cholesterol: 40 milligrams
4. Fat: 17 grams
5. Fiber: 20 grams
6. Protein: 14 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 330 milligrams
9. Sugar: 7 grams

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