

New York Strip Steak

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-new-york-strip-steak-recipe>

Ingredients:

- 2 teaspoons salt
- 1 teaspoon pepper
- 2 teaspoons thyme
- 1 teaspoon garlic powder
- 2 teaspoons soy sauce
- 1 tablespoon butter
- 1 new york strip steak
- 1/8 cup red wine

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 10 milligrams
4. Fat: 3 grams
5. SaturatedFat: 2 grams
6. Sodium: 1350 milligrams

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