

Nacho Supreme Casserole

Yield: 4 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-nacho-supreme-recipe>

Ingredients:

- 2 pounds ground chuck
- 1 yellow onion chopped
- 32 ounces pinto beans Chili
- 2 cups frozen whole kernel corn
- 15 ounces tomato sauce
- 1 teaspoon salt
- 1 teaspoon pepper
- 1/4 teaspoon cayenne pepper
- 2 teaspoons chili powder
- 1 1/2 teaspoons ground cumin
- 1 teaspoon dried oregano
- 1 teaspoon garlic salt
- 1 1/2 cups sharp cheddar cheese shredded
- 1 1/2 cups Monterey Jack cheese shredded
- 3 cups tortilla chips crushed
- 2 Roma tomatoes chopped
- 6 green onions with tops, chopped
- 1 cup black olives chopped
- 1/2 cup fresh cilantro chopped
- Sour Cream to taste

Nutrition:

1. Calories: 1200 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 240 milligrams
4. Fat: 74 grams
5. Fiber: 9 grams
6. Protein: 76 grams
7. SaturatedFat: 33 grams

8. Sodium: 2150 milligrams
 9. Sugar: 16 grams
 10. TransFat: 2.5 grams
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