

Mexican Beefy Nacho Casserole

Yield: 7 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-nacho-casserole-recipe>

Ingredients:

- 1 pound lean ground beef
- 1/2 cup salsa your preferred
- 4 scallions white and green parts chopped and separated
- 1 clove garlic chopped
- 30 ounces white beans or black beans, pintos beans or a combination
- 1 cup chicken broth
- 1/2 teaspoon chili powder
- 1/4 teaspoon cumin
- 1/4 teaspoon paprika
- 12 ounces Doritos Chips or restaurant style tortilla chips
- 3 cups pepper jack cheddar, or a combination
- sour cream
- lime
- scallions

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 85 milligrams
4. Fat: 19 grams
5. Fiber: 7 grams
6. Protein: 35 grams
7. SaturatedFat: 11 grams
8. Sodium: 440 milligrams
9. Sugar: 2 grams

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