

Diana Henry's chicken with morcilla

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-morcilla-recipe>

Ingredients:

- 1/2 onion
- salt
- pepper
- 1 tablespoon olive oil
- 4 skin-on, bone-in chicken thighs
- morcilla or black pudding, about 8 thick slices, a standard sausage-size one that you get in most supermarkets should be enough
- dry sherry I used fino, 200ml, plus 3½ more tbsp if necessary
- flat leaf parsley leaves only, a small handful
- 3 1/2 tablespoons double cream

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 215 milligrams
4. Fat: 44 grams
5. Fiber: 1 grams
6. Protein: 40 grams
7. SaturatedFat: 13 grams
8. Sodium: 380 milligrams
9. Sugar: 1 grams

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