

Mexican Vegetarian Stuffed Zucchini Boat

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-mocha-walnuts-recipe>

Ingredients:

- 4 zucchini
- 1/4 salt
- 1/4 teaspoon chili powder
- 16 ounces mushrooms packages
- 1 jalapeno
- 1/2 red onion
- 1 cup walnuts
- 1/2 teaspoon salt
- 1/2 teaspoon garlic powder
- 1/2 teaspoon cumin
- 1 teaspoon chili powder
- 1 tablespoon tomato paste
- 1 tablespoon red wine vinegar
- 1/2 cup salsa

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 18 grams
3. Fat: 20 grams
4. Fiber: 7 grams
5. Protein: 11 grams
6. SaturatedFat: 2 grams
7. Sodium: 600 milligrams
8. Sugar: 11 grams

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