

Dumplings

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-mince-meat-burrito-recipe>

Ingredients:

- 20 wonton wrappers
- 7 ounces minced meat
- 2 garlic cloves
- 1 spring onion
- 2 bamboo shoots
- 1 jalapeño pepper
- 1 tablespoon coriander leaves fresh
- pepper
- salt
- 1 teaspoon sesame oil
- 3 tablespoons soy sauce
- 2 tablespoons mirin rice wine
- 1 teaspoon sambal

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 98 grams
3. Cholesterol: 45 milligrams
4. Fat: 10 grams
5. Fiber: 4 grams
6. Protein: 27 grams
7. SaturatedFat: 2 grams
8. Sodium: 1840 milligrams
9. Sugar: 1 grams
10. TransFat: 0.5 grams

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