

Million Dollar Spaghetti!

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-pasta-recipe-with-cream-cheese>

Ingredients:

- 16 ounces spaghetti
- 1 pound lean ground beef or sausage combination
- 1 tablespoon black pepper
- salt to taste
- 16 ounces spaghetti sauce I used prego
- 1/2 stick butter cut into small chunks
- 1 cup cottage cheese whole milk
- 8 ounces cream cheese softened, not fat free or light
- 1/2 cup sour cream
- 2 tablespoons olive oil
- 1/2 onion diced
- 3 cloves garlic fresh, minced
- 1/2 teaspoon fresh parsley
- 8 ounces mozzarella cheese
- 1/4 cup grated Parmesan cheese freshly
- 8 ounces shredded cheddar cheese

Nutrition:

1. Calories: 1570 calories
2. Carbohydrate: 110 grams
3. Cholesterol: 300 milligrams
4. Fat: 90 grams
5. Fiber: 7 grams
6. Protein: 80 grams
7. SaturatedFat: 47 grams
8. Sodium: 2020 milligrams
9. Sugar: 20 grams

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