

Mexican Meatloaf

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-meatloaf-pie-recipe>

Ingredients:

- 1 pound ground turkey
- 1/2 cup salsa
- 1/2 cup tortilla chips crushed
- 1 1/4 cups corn
- 1/2 cup Vidalia onion diced, plus 1 onion cut in large slices
- 1/2 cup black beans
- 3/4 cup mexican blend cheese shredded
- 4 tablespoons taco seasoning
- 1 1/2 cups enchilada sauce

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 115 milligrams
4. Fat: 18 grams
5. Fiber: 7 grams
6. Protein: 30 grams
7. SaturatedFat: 7 grams
8. Sodium: 1680 milligrams
9. Sugar: 11 grams

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