

# Chorizo and Eggs

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-recipe-using-eggs-onions-and-tortillas>

## Ingredients:

- olive oil or bacon fat
- 1/3 cup onions chopped, green, red, or yellow onions optional
- 1/4 pound chorizo sausage Mexican, removed from sausage casing
- 3 tablespoons raisins soaked in hot water for 10 minutes and drained
- 6 eggs
- salt
- tortillas optional
- cilantro optional

## Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 550 milligrams
4. Fat: 40 grams
5. Fiber: 2 grams
6. Protein: 29 grams
7. SaturatedFat: 12 grams
8. Sodium: 1220 milligrams
9. Sugar: 8 grams

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