

Perfect Mexican Meal

Yield: 3 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-meal-recipe>

Ingredients:

- 1 1/2 pounds boneless, skinless chicken breasts
- 1 tablespoon garlic cloves grated or chopped fresh
- 2 tablespoons chopped cilantro /Coriander Leaves
- 1 bell pepper Yellow or red thinly sliced
- 1 onion Big, vertically thinly sliced
- 2 tablespoons cooking oil
- 2 tablespoons cooking oil
- 1 1/2 teaspoons salt
- 1 teaspoon dried oregano Powder
- 1 tablespoon apple cider vinegar or lime juice
- 1 teaspoon black pepper powder
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1 teaspoon red chili powder
- 1/2 teaspoon chilli flakes optional
- 7 tortillas
- shredded cheddar cheese
- salsa
- sour cream

Nutrition:

1. Calories: 1010 calories
2. Carbohydrate: 93 grams
3. Cholesterol: 155 milligrams
4. Fat: 42 grams
5. Fiber: 8 grams
6. Protein: 64 grams
7. SaturatedFat: 9 grams
8. Sodium: 2600 milligrams

9. Sugar: 7 grams

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