

Beef Fajitas with Mango Salsa

Yield: 4 min
Total Time: 26 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-mango-steak-recipe>

Ingredients:

- 1 mango large, peeled & chopped
- 1 tomato large, chopped
- 2 tablespoons red onion finely chopped
- 1 tablespoon chopped cilantro
- 1/4 teaspoon salt
- 1 tablespoon fresh lime juice
- 1 pound flank steak cut into thin strips
- 2 teaspoons chili powder
- 1 teaspoon ground coriander
- 1/2 teaspoon dried oregano
- 2 teaspoons canola oil
- 1 cup red onion thinly sliced
- 1 green bell pepper medium, seeded & thinly sliced
- 1 jalapeño pepper medium, seeded & thinly sliced
- 2 teaspoons worcestershire sauce
- 3/4 teaspoon salt
- 1 tomato medium, cut into 8 wedges
- 8 lime wedges
- 8 flour tortillas taco-sized, warmed

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 90 grams
3. Cholesterol: 40 milligrams
4. Fat: 18 grams
5. Fiber: 13 grams
6. Protein: 35 grams
7. SaturatedFat: 5 grams
8. Sodium: 1290 milligrams

9. Sugar: 19 grams

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