

# Mexican Lettuce Wraps

Yield: 8 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-lettuce-wraps-recipe>

## Ingredients:

- 1 chicken meat Marketside rotisserie, removed
- 1 cup medium salsa
- 1 head iceberg lettuce
- 1 red onion small, diced
- 1 large tomato diced
- 1 avocado diced
- 1 cup cheddar cheese shredded
- 1/3 cup fresh cilantro chopped
- sour cream for garnish, optional
- 2 cups rice cooked, optional

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 35 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 12 grams
7. SaturatedFat: 4 grams
8. Sodium: 320 milligrams
9. Sugar: 4 grams

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