

# Slow Cooker Lentil Soup with Bacon

Yield: 4 min  
Total Time: 255 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-lentil-soup-recipe-slow-cooker>

## Ingredients:

- 2 slices bacon thinly sliced
- 1 cup lentils rinsed and sorted
- 2 celery stalks diced
- 2 carrots diced
- 1 onion medium, diced
- 2 cloves garlic minced
- 1 tablespoon smoked paprika
- 1/2 teaspoon red chili flakes
- 15 ounces fire roasted diced tomatoes
- 32 ounces chicken broth low sodium
- chopped parsley fresh, optional garnish

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 10 milligrams
4. Fat: 9 grams
5. Fiber: 17 grams
6. Protein: 20 grams
7. SaturatedFat: 2 grams
8. Sodium: 220 milligrams
9. Sugar: 4 grams

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