

Mexican Lentil Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-lentil-salad-recipe>

Ingredients:

- 15 ounces black beans thoroughly rinsed and drained
- 3 cups lentils cooked
- 1 1/2 cups frozen corn or fresh
- 1 cup red onion chopped
- 1/2 cup red pepper chopped
- 1/2 cup orange pepper chopped
- 1/2 cup plum tomatoes chopped
- 1/4 cup fresh cilantro minced
- 1/4 cup grapeseed oil
- 1/4 cup cider vinegar
- 1 tablespoon Dijon mustard
- 1 1/2 teaspoons ground cumin
- 1 clove garlic minced
- 1/2 fresh lime juice
- 1/2 fresh lime
- 1/2 teaspoon salt
- 1/4 teaspoon pepper