

Mexican Chicken Soup

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/onepot-recipe-sweet-potato-chickrn-mexican>

Ingredients:

- 1 pound chicken breast
- 2 celery stalks chopped
- 1 onion chopped
- 1 jalapeno diced
- 2 tablespoons olive oil
- 4 garlic cloves crushed
- 14 ounces diced tomatoes with chiles
- 6 cups chicken broth
- 1 lime juiced
- 1 teaspoon cumin
- 1/2 bunch cilantro chopped
- 1 avocado sliced
- 1 lime sliced for garnish, optional

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 75 milligrams
4. Fat: 22 grams
5. Fiber: 7 grams
6. Protein: 34 grams
7. SaturatedFat: 3 grams
8. Sodium: 260 milligrams
9. Sugar: 6 grams

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