

ChocoFlan (Impossible Cake)

Yield: 14 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/mexicos-impossible-cake-recipe>

Ingredients:

- softened butter a pat of
- all-purpose flour
- 1 cup caramel cajeta, goats milk, store-bought or homemade
- 5 ounces butter slightly softened
- 1 cup sugar
- 1 egg
- 1 1/2 tablespoons hot water
- 2 tablespoons espresso powder
- 3/4 cup all purpose flour
- 1 cup cake flour
- 3/4 teaspoon baking powder
- 3/4 teaspoon baking soda
- 1/3 cup cocoa powder
- 9 fluid ounces buttermilk
- 12 ounces evaporated milk
- 14 ounces sweetened condensed milk
- 4 large eggs
- 1 teaspoon pure vanilla extract

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 67 grams
3. Cholesterol: 115 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 9 grams
8. Sodium: 320 milligrams
9. Sugar: 47 grams

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