## RecipesCh@-se

## **Best Easy Salsa**

Yield: 4 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-hot-sauce-recipe-cilantro

## **Ingredients:**

- 15 ounces whole peeled tomatoes
- 15 ounces fire roasted tomatoes
- 1 small yellow onion Peeled and cut into quarters
- 1/4 cup cilantro
- 1 jalapeno Medium, \* Stem removed and seeded if desired
- 2 teaspoons hot sauce
- 2 cloves garlic Peeled
- 1 teaspoon salt
- 1/4 teaspoon cumin
- 1 lime Large

## **Nutrition:**

Calories: 90 calories
Carbohydrate: 20 grams

3. Fiber: 6 grams4. Protein: 5 grams

5. Sodium: 930 milligrams

6. Sugar: 1 grams

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