

Mexican Restaurant Canned Salsa

Yield: 6 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-hot-pepper-tomato-garlic-sauce-recipe>

Ingredients:

- 2 cloves garlic
- 3/4 cup onion
- 2 cups green peppers ~1-4
- 1 cup hot peppers ~5 jalapenos
- 6 cups Roma tomatoes ~15-20
- 2 teaspoons cumin
- 1/2 teaspoon cilantro dried
- 1 tablespoon fresh oregano
- 1 1/2 teaspoons salt
- 1 tablespoon sugar
- 1 cup white vinegar
- 6 ounces tomato paste

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 22 grams
3. Fiber: 5 grams
4. Protein: 4 grams
5. Sodium: 830 milligrams
6. Sugar: 14 grams

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