

Mexican Hot chocolate Mix

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-hot-chocolate-mix-recipe-cayenne>

Ingredients:

- 1 1/2 ounces dark chocolate
- 1/3 cup cocoa butter
- 1/4 cup raw sugar or coconut sugar
- 3 tablespoons cocoa powder
- 1 teaspoon cornstarch or other starch like arrowroot
- 1/8 teaspoon cayenne use less or more to preference
- 1/2 teaspoon canela
- 1 pinch salt
- 1/2 teaspoon vanilla extract

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 17 grams
3. Fat: 22 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 13 grams
7. Sodium: 75 milligrams
8. Sugar: 12 grams

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