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How to Make Creamy Mexican Horchata

Yield: 6 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/white-mexican-drink-recipe

Ingredients:

- 1 cup long-grain white rice
- 3/4 cup blanched almonds
- 1 inch cinnamon stick to 3" piece of
- 5 cups water divided
- 1/4 cup sweetened condensed milk
- 1/4 teaspoon vanilla
- ice for serving
- ground cinnamon for garnish, optional

Nutrition:

- 1. Calories: 260 calories
- 2. Carbohydrate: 36 grams
- 3. Cholesterol: 5 milligrams
- 4. Fat: 11 grams
- 5. Fiber: 3 grams
- 6. Protein: 7 grams
- 7. SaturatedFat: 1.5 grams
- 8. Sodium: 30 milligrams
- 9. Sugar: 8 grams

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