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Ham Casserole

Yield: 8 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-ham-casserole-recipe

Ingredients:

- 12 ounces egg noodles dried
- 1 1/2 pounds ham cut into 1/2 cubes
- 2 tablespoons vegetable oil
- 1 cup yellow onion chopped
- 1 cup celery chopped
- 4 cloves garlic minced
- 1/2 cup butter
- 1/2 cup all-purpose flour
- 4 cups whole milk
- 2 teaspoons Worcestershire sauce
- 1/4 teaspoon Tabasco Sauce
- 1 1/2 teaspoons salt
- 1/2 teaspoon black pepper
- 2 teaspoons dried Italian seasoning
- 3 cups sharp cheddar cheese shredded divided
- 1 cup peas frozen petites, thawed and drained

Nutrition:

- 1. Calories: 740 calories
- 2. Carbohydrate: 52 grams
- 3. Cholesterol: 170 milligrams
- 4. Fat: 42 grams
- 5. Fiber: 4 grams
- 6. Protein: 37 grams
- 7. SaturatedFat: 22 grams
- 8. Sodium: 1990 milligrams
- 9. Sugar: 10 grams

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