

# Mexican Halibut Bake

Yield: 6 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-halibut-bake-recipe>

## Ingredients:

- 1/4 cup butter melted
- 2 pounds halibut fillets skinless
- lemon pepper to taste
- 3/4 cup salsa
- 3/4 cup mayonnaise
- 3/4 cup sour cream
- 1 tablespoon garlic oil

## Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 90 milligrams
4. Fat: 29 grams
5. Fiber: 2 grams
6. Protein: 35 grams
7. SaturatedFat: 10 grams
8. Sodium: 560 milligrams
9. Sugar: 4 grams

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