

# Basic Mexican Guacamole

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/real-mexican-guacamole-recipe-spicy>

## Ingredients:

- 2 tablespoons cilantro leaves finely chopped fresh
- 2 teaspoons yellow onions finely chopped
- 2 teaspoons jalapeno chilies minced, seeds and membranes removed, if desired
- coarse salt or Kosher
- 2 avocados large ripe, peeled and seeded
- 2 tablespoons plum tomato cored, seeded, and finely chopped
- 2 teaspoons lime juice freshly squeezed
- tortilla chips Warm, for serving

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 14 grams
3. Fat: 17 grams
4. Fiber: 8 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 220 milligrams
8. Sugar: 1 grams

---

Thank you for visiting our website. Hope you enjoy Basic Mexican Guacamole above. You can see more 18 real mexican guacamole recipe spicy Delight in these amazing recipes! to get more great cooking ideas.