

Mexican Taco Casserole

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/sour-cream-spicy-mexican-taco-recipe>

Ingredients:

- 12 corn tortillas
- 1 1/2 pounds ground turkey
- 1 onion diced
- 2 cloves garlic minced
- 1 jalapeño diced
- 2 cans fire roasted tomatoes
- 1 teaspoon cumin
- 1 teaspoon chile powder
- 1/4 cup chopped cilantro
- 3 cups shredded cheddar
- 8 ounces cream cheese
- cilantro
- green onions
- diced tomatoes
- avocado
- sour cream

Nutrition:

1. Calories: 1010 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 290 milligrams
4. Fat: 67 grams
5. Fiber: 7 grams
6. Protein: 59 grams
7. SaturatedFat: 33 grams
8. Sodium: 920 milligrams
9. Sugar: 6 grams

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