

# Mexican Picadillo

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-peas-recipe>

## Ingredients:

- 1 pound lean ground meat
- 1 1/2 cups rose
- 1/2 inch potatoes
- 3/4 cup carrots about 2 carrots
- 1 1/2 cups onions diced
- 4 cloves garlic divided
- 1 teaspoon cumin
- 1 teaspoon salt
- 1 cup low sodium beef stock
- 14 ounces diced tomatoes in juice
- 1 serrano chili
- 2 tablespoons capers
- 2 tablespoons raisins
- 2 tablespoons cilantro chopped

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 70 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 27 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 960 milligrams
9. Sugar: 10 grams

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