

# Grilled Swordfish with Pineapple- Peach Salsa

Yield: 4 min  
Total Time: 33 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-grilled-swordfish-recipe>

## Ingredients:

- 2 1/2 pounds swordfish cut into 4 serving pieces
- 3 tablespoons olive oil
- 2 limes large
- 2 green onions chopped
- 1 handful fresh cilantro chopped
- 2 cloves garlic minced
- 1 teaspoon cumin
- 1/4 teaspoon paprika
- salt
- pepper
- 1 cup pineapple finely chopped, about 1/3 of a fresh pineapple
- 1 cup peaches chopped, peeled, about 2 medium
- 1/3 cup red onion finely chopped
- 1/4 cup chopped cilantro finely
- 1/2 lime large

## Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 110 milligrams
4. Fat: 22 grams
5. Fiber: 5 grams
6. Protein: 59 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 460 milligrams
9. Sugar: 9 grams

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