

Creamy Mexican Green Spaghetti (Espagueti Verde)

Yield: 8 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-creamy-jalapeno-spaghetti-recipe-mexican-food>

Ingredients:

- 4 poblano peppers roasted, instructions for roasting below
- 1 pound spaghetti
- 1 tablespoon olive oil
- 1 small onion chopped, about 1/4 cup
- 1 jalapeño pepper or serrano pepper stemmed, seeded and chopped
- 4 garlic cloves minced
- 1 cup spinach leaves
- 1 bunch cilantro
- 8 ounces sour cream or crema Mexicana
- 1 teaspoon chicken bouillon granules or 1 bouillon cube
- 1 cup milk or half and half
- 8 ounces cream cheese softened and cut into small cubes
- salt
- ground black pepper
- chopped cilantro
- crumbled Cotija cheese
- pepitas

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 50 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 13 grams
7. SaturatedFat: 10 grams

8. Sodium: 320 milligrams

9. Sugar: 6 grams

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