

# Mexican Green Goddess Dressing

Yield: 1 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-green-goddess-dressing-recipe>

## Ingredients:

- 1 avocado ripe
- 2 tomatillos
- 1 cup cilantro
- 1 lime
- 1 whole jalapeño you will only use ¼-1/2 in the dressing!
- 1 clove garlic optional: for a little added sweetness use a roasted clove

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 37 grams
3. Fat: 31 grams
4. Fiber: 20 grams
5. Protein: 7 grams
6. SaturatedFat: 4 grams
7. Sodium: 25 milligrams
8. Sugar: 8 grams

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