

Mexican Goat Birria

Yield: 4 min

Total Time: 725 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-goat-birria-recipe>

Ingredients:

- 3 pounds goat
- 5 whole dried guajillo chilies
- 4 cups water
- 1/4 cup apple cider vinegar
- 2 whole white onion divided
- 4 whole garlic cloves crushed
- 1/2 teaspoon cumin
- 1/4 teaspoon allspice
- 1/4 teaspoon ginger
- 1/4 teaspoon thyme
- 1 teaspoon adobo seasoning
- 1 teaspoon pepper
- 1 bunch cilantro rough chop

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 275 milligrams
4. Fat: 7 grams
5. Protein: 75 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 200 milligrams

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